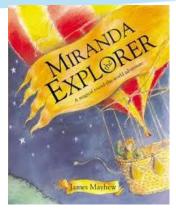


## TAKE A CLOSER LOOK!

## <u> WEEK 5</u>



This week we will be covering lots of countries as Miranda edges ever closer to home! Tuesday we see her flying over Greece, on Thursday it's Italy and finishing the week over Spain. You will see that we have laid out the 'Take A Closer Look' a little differently this week to give you some ideas of activities linked to each country.

This week is also Children's Mental Health Awareness Week so on Wednesday we will be having a 'Well-Being' day where we will be encouraging you to watch a film, play a board game or go for an extra long walk.



- Can you create a collage of the flag of the United States of America? Why are there 50 stars on the flag?
- Can you create a book and make a factpage for each of the countries we visit this week?
- Have a go at the 'Funky Mummy' addition and subtraction game on ICT Games: <u>http://www.ictgames.com/funkyMummy/index</u>.



<u> Tuesday - Greece</u>

- Watch Disney's 'Hercules' .
- Turn yourself into a Greek hero by making a laurel wreath crown.
- Build a famous Greek building like the Parthenon out of spaghetti and marshmallows or playdough.



## Well-Being Wednesday

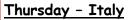
• Make a glitter jar to help you to calm or to use anytime you need to take a 5 minute breather. Shake it up and watch it until all the glitter has settled.



- Write things that make you happy on strips of paper. Put them into a jar and pull one out each day to make sure you have some downtime.
- Play a board game or watch a film with the family. We have found some films which link to this year's theme for Children's Mental Health Awareness Week of 'Express Yourself'.

Netflix: Uglydolls Amazon Prime: Trolls, Inside Out, Uglydolls Disney +: Inside Out

- Make sure you wear something today that 'Expresses Yourself' and don't forget to post a picture on Tapestry.
- Try some Cosmic Yoga <u>https://www.youtube.com/user/CosmicKidsYoga</u> or mindfulness tracks from Jump Start Jonny <u>https://www.jumpstartjonny.co.uk/free-stuff</u>.



- Can you find out what the following Italian words mean in English?
  - Buongiorno Scuola Lilbellula Martin pescatore Mongolfiera Cielo



• Pasta art - What pictures can you create using different pasta shapes?





- Can you create your own 'Leaning Tower of Pisa'?
- Learn about fractions through pizzas with Francesca: https://www.twinkl.co.uk/go/resource/tg-ga-92-pizza-fractions-game



Friday- Spain

 Make some Flamenco inspired crafts. You could make a fan or turn yourself into a Flamenco dancer picture using cup cake cases or coffee filters. If you fancy learning how to do some

Flamenco dancing join in with this tutorial <u>https://www.youtube.com/watch?v=VQj6SLN1oGk</u>.





- Can you learn how to count to 10 in Spanish?
- Can you make some castanets? You could use buttons or bottle lids.

